



UNITED WAY
of the National
Capital Area

\$25

Provides a weekend food bag for **one student**

\$50

Funds an **upskilling course for a veteran** returning to the civilian workforce

\$100

Provides a **diabetes self-management kit to one individual** working to better manage their diabetes at home

\$250

12 students can participate in career readiness training and one-on-one career coaching

\$500

Supports a community health fair **providing health screenings and education to 50+ individuals**